

East Valley Ballet Academy

Dress Codes 2018-2019 Dance Season

Why a dress code?

Allows teachers and dancers to see proper alignment of shoulders, center, back, hips, knees, and ankles resulting in proper teaching and execution of technique.

- Allows for free range of movement and maximum flexibility.
- Keeps dancers safe in studio.
- Creates uniformity in class and is part of the discipline of dance.
- Creates a class free of distractions.

NO UNDERWEAR IS TO BE WORN-THAT IS WHY WE WEAR TIGHTS

HAIR MUST BE SECURED BACK OUT OF FACE

If a dancer has to stop and fix their hair, or a teacher has to stop class to fix hair that has fallen down, it takes precious time out of class. Please be respectful to the teacher and fellow classmates by having hair secured.

Thank you for helping us create a learning environment that is safe and free from distractions.

| Class | Leotard | Tights | Shoes | Hair |
|---|--|---|---|---------------------------------|
| Discover w/ Me Ages 3 and under | Comfy clothes that allow for movement for child and adult. | | Bare feet | Secured back out of face |
| DiscoverDance Age 3 - 4 | Dance attire or comfy clothes that allow for movement. | | Bare feet | Secured back out of face |
| Pre-Primary Ballet Ages 4 - 5 | Girls: White w/skirt Boys: White T-shirt | Pink footed Boys: Black shorts or tights | Pink ballet shoes Boys: White ballet shoes and white socks | Secured in bun |
| Primary Ballet 1, 2 & 3 Ages 5 - 8 | Girls: Pink w/skirt Boys: White T-shirt | Pink footed Boys: Black shorts or tights | Pink ballet shoes Boys: White ballet shoes and white socks | Secured in bun |
| Teen Ballet Program | Leotard and tights (footless for PBT), or form fitting attire that allows the instructors to see your alignment. | | Ballet Shoes | Secured out of face and to head |

Dancers will be asked to remove any items worn that are not part of the dress code.