

East Valley Ballet Academy

Dress Codes 2018-2019 Dance Season

Why a dress code?

Allows teachers and dancers to see proper alignment of shoulders, center, back, hips, knees, and ankles resulting in proper teaching and execution of technique.

- Allows for free range of movement and maximum flexibility.
- Keeps dancers safe in studio.
- Creates uniformity in class and is part of the discipline of dance.
- Creates a class free of distractions.

NO UNDERWEAR IS TO BE WORN-THAT IS WHY WE WEAR TIGHTS

HAIR MUST BE SECURED BACK OUT OF FACE

If a dancer has to stop and fix their hair, or a teacher has to stop class to fix hair that has fallen down, it takes precious time out of class. Please be respectful to the teacher and fellow classmates by having hair secured.

Thank you for helping us create a learning environment that is safe and free from distractions.

Class	Leotard	Tights	Shoes	Hair
Discover w/ Me Ages 3 and under	Comfy clothes for child and adult.		Bare feet	Secured back out of face
DiscoverDance Age 3 - 5	Girls: Pink Boys: White T-shirt	Pink footless Boys: Black shorts	Bare feet	Secured back out of face
Pre-Primary Ballet Ages 4 - 5	Girls: White w/skirt Boys: White T-shirt	Pink footed Boys: Black shorts or tights	Pink ballet shoes Boys: White ballet shoes and white socks	Secured in bun
Primary Ballet 1, 2 & 3 Ages 5 - 8	Girls: Pink w/skirt Boys: White T-shirt	Pink footed Boys: Black shorts or tights	Pink ballet shoes Boys: White ballet shoes and white socks	Secured in bun
Teen Ballet Program	Leotard and tights (footless for PBT), or form fitting attire that allows the instructors to see your alignment.		Ballet Shoes	Secured out of face and to head

Dancers will be asked to remove any items worn that are not part of the dress code.